



# Winter Programme



**Enjoy an unforgettable action packed multi activity winter experience**

**TrollAktiv arrange 7 or 10 day ski packages with a wide variety of winter activities. These packages can include:**

Instruction in cross country skiing skills.

Mountain skiing skills and local area day trips.

Overnight in a teepee and/or a 3 day expedition in the mountains.

Build and sleep in your own igloo or snow hole.

Avalanche awareness and winter navigation skills.

Ski jumping and Telemark turn instruction.

Winter survival skills.

Biathlon rifle shooting and ski races.

**Please contact [tim@trollaktiv.no](mailto:tim@trollaktiv.no) for more information.**

**7 day trips: Kr 6500,- per person.**

**10 day trips: Kr 9000,- per person.**

Prices include transport from Kristiansand airport, ski hire, youth hostel accommodation, full board, instruction & safety equipment. Additional costs will apply for transfers from Oslo Torp.



**[www.trollaktiv.no](http://www.trollaktiv.no)**

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